



African Diaspora Mental Health Association

605 State Street-Springfield, MA 01109 • phone: 413 266 2207 • fax: 413 301 5164

Gun Violence Program

www.admha.org



Date: Wednesday's

Time: 6-7:30pm

Location:

57 School Street
Springfield, MA 01105

Group Topics

- Introduction
- Psycho-Education
- Anger Management
- Choices
- Self-Love
- Health
- Mental Health Wellness
- Graduation

Facilitators

David A. Lewis, Sr. LICSW
Garry A. Porter, MSW

ADMHA is an Outpatient Mental Health Clinic which provides behavioral health/ educational services to ALL PEOPLE in the Greater Springfield and surrounding areas, with special emphasis that addresses the unique, culturally specific stressors which effect African American /Others of the African Diaspora.

There is an unconscious presence of mental health issues within The African Diaspora which manifests itself through maladaptive behaviors like substance abuse, **gun violence**, incarcerations, homelessness and unemployment.

This program was created to provide a safe environment, educate and inform participants about gun violence trauma. This program is designed to change the thought process and behaviors of the participants about gun violence and its effect on individuals, families and communities.